

MINUTES: Healthy Carolinians of Macon County – Chronic Disease Committee

DATE: May 21, 2009

PLACE: Angel Medical Center

TIME: 8:30 – 10:00 AM

ATTENDEES: Becky Barr, Rhonda Blanton, Teresa Breedlove, Jennifer Garrett, Mike Grubermann, Sherry Held, Jennifer Hollifield, Larry McDonald and Kathy McGaha

GUEST: Sherry Robison

TOPIC	DISCUSSION	ACTION	FOLLOW-UP
Welcome and Approval of Minutes	Teresa Breedlove welcomed everyone to today's meeting of the Chronic Disease Committee. Ms. Breedlove asked the committee members to review the minutes of the last meeting. Jennifer Hollifield motioned for the approval of the minutes. Sherry Held 2 nd the motion, with a unanimous vote for approval.		
Introductions	Teresa Breedlove asked everyone to introduce themselves and tell what organization they represented. Ms. Breedlove then introduced today's guest – Sherry Robison. Ms. Robison is an Assistant Professor at Western Carolina University and also the Dietetic Internship Director.		
WCU Nutrition Interns	<p>Sherry Robison thanked this committee for being invited to speak at today's meeting. Ms. Robison briefly explained the Dietetic Internship Program at WCU.</p> <p>Ms. Robison said that students for the next semester would start in late August and would be available for projects later in the fall. Ms. Robison said that information gathered during this meeting could connect these interns with possible service opportunities in Macon County.</p> <p>Sherry Held suggested that one opportunity might be redoing the milk program in the county schools. This program encouraged students to drink fat-free milk. This program hasn't been done in the local schools for several years, and Ms. Held suggested covering the grades that had not seen it. Becky Barr said in the past, this program was conducted during PE classes. Ms. Robison said this could be a possible project for the students, especially if</p>		

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	<p>they included an evaluation component and also do a follow-up visit in the spring.</p> <p>Jennifer Garrett also suggested that the students could be used during the upcoming School Health Fairs, which are normally conducted during the months of September and October. Ms. Robison stated that since the students started in late August, they might possibly participate in some School Health Fairs but probably not all of them.</p>		
<p>School Nutrient Analysis</p>	<p>Kathy McGaha passed out handouts of nutrition information that is now posted on the Macon County Schools website. Ms. McGaha complimented Sherry Held and her staff for accomplishing this massive and very helpful endeavor. Jennifer Garrett said this information has been very helpful to the school nurses, especially with diabetic children.</p> <p>Ms. McGaha also suggested to Ms. Held to possibly do a newspaper article to publicize that this information is available on the website.</p>		
<p>Marketing Obesity Initiatives</p>	<p>Kathy McGaha next passed out a handout from Henderson County on Childhood Obesity Prevention. Ms. McGaha asked the committee members to review the handout to consider if we would want to do a handout similar to this one. Ms. McGaha asked the committee members for their opinions and comments.</p> <p>Jennifer Garrett said if this information was obtained for Macon County, it could be sent home with students during the School Health Fairs. Becky Barr stated that she would like more information for each section like contact person, telephone numbers and any income guidelines that must be met.</p> <p>Ms. McGaha asked that this topic be pursued further and added to the agenda for the next meeting. Ms. McGaha</p>	<p>Committee members will bring lists of any community partners doing obesity</p>	

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	<p>also asked the committee members to bring lists of any community partners doing obesity initiatives in our county with any available contact information.</p>	<p>initiatives in our county with any available contact information.</p>	
<p>Town of Franklin Smoking Policies</p>	<p>Jennifer Hollifield informed the committee members that she had met with a representative from the Town of Franklin to discuss their smoking policies. Ms. Hollifield said it has been added to their agenda to discuss at their next scheduled meeting.</p> <p>Ms. Hollifield said that the Town of Franklin has also agreed to let her order No Smoking Signs and cigarette receptacles for future use.</p>		
<p>State Smoke-free Worksites and Public Places Bill</p>	<p>Jennifer Hollifield informed the committee members that House Bill 2 was signed on Tuesday by Governor Perdue. Ms. Hollifield explained that this bill protects citizens from second-hand smoke and will go into effect on January 2nd.</p> <p>Ms. Hollifield stated that this bill will prohibit smoking in bars and restaurants statewide, with the exceptions of cigar bars and private clubs. Facilities covered under the bill would be required to post signs indicating that smoking is prohibited. Ms. Hollifield explained that enforcement would be through written and oral notices at the local health director's discretion. Ms. Hollifield stated that the bill also prohibits smoking in state buildings and vehicles.</p> <p>Ms. Hollifield also explained that this bill will also allow local governments to adopt laws governing smoking within their jurisdictions that are more restrictive than the state law.</p>		
<p>Other Items for Discussion</p>	<p>Other Items for Discussion:</p> <ul style="list-style-type: none"> ○ Jennifer Hollifield passed around a handout of the winning Tar Wars poster that has been placed on a billboard. Ms. Hollifield said the winner of the 		

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	<p>poster contest was Jennifer Hernandez, who is a 5th grade student at South Macon. Ms. Hollifield said the billboard space was donated by Allison Outdoor Advertising and is located on the Highlands Road near the flea market.</p> <ul style="list-style-type: none"> ○ Rhonda Blanton reminded everyone of the upcoming Full Partnership Meeting on May 28th at Tartan Hall. ○ Kathy McGaha gave a brief update on the Regional Obesity Project. Ms. McGaha said that three regional strategies had been agreed upon: <ul style="list-style-type: none"> 1) A regional database of obesity efforts 2) A consistent measurement of BMI's throughout the region 3) Promote EAT SMART, MOVE MORE interventions 		
Next Meeting Date	The next meeting of the Chronic Disease Committee will be held on Thursday, July 30 th , from 8:30 -10:00 AM in the Video Conference Room at Angel Medical Center.		